
Laura Millard

Junior HR Consultant, Advisory

Overview

Laura has over five years of Human Resources experience and is a Junior HR Consultant on BPM's HR and People Services team.

She serves a wide-variety of BPM clients as an HR generalist. Her role includes recruiting, benefit and payroll administration, compliance, LOA administration, onboarding and overall support functions.

Laura has helped clients with ADP implementation after transitioning away from a PEO. This helped the client complete state tax filings in multiple states.

She also has experience creating, updating and maintaining employee handbooks and company policies, as an HR consultant.

Laura focuses on keeping up with evolving HR compliance laws and uses that knowledge to update her clients' labor law posters, workers compensation materials and sexual harassment prevention training resources.

Interesting Tidbit

Laura is a mom to triplet daughters.

Community

Member – Society for Human Resource Management (SHRM)

Services

HR Consulting Services
HR Recruiting
HR and People Services
Outsourced HR
PEO Transitions

Education

BA/Public Administration – Chico State
University